



## **Licensed/Licensed Eligible Therapist**

### **Key Responsibility**

The Mobile Therapist (MT) provides a child or adolescent and his or her foster parent(s) or guardian with therapeutic services in the child's home or elsewhere in the child's community. The MT sometimes interacts with severely, emotionally disturbed children or adolescent foster youth who may display behavioral issues at time of the MT's visit. He or she will use behavioral rewards and contingent consequences to achieve the goals specified in the Treatment Plan. In addition, the MT will be able to provide individual therapeutic support to eligible foster Transitional aged youth (TAY). Therapy sessions will be guided by a written treatment plan; they may include the Mobile Therapist and the child, family members, child's friends, school personnel, a community leader, physician, psychiatrist or a combination of the client's support system. The Mobile Therapist will additionally be able to provide therapeutic individual support services for the whole placement home family of the individual foster youth and/or others involved in the home support system, with the focus on "meeting the child's needs" as the focus of the meeting. The MT will be responsible for completing documentation legibly and contemporaneously, in English, data regarding the behavior and progress of the child, the involvement of the child's caretakers and report "Unusual Incidents" as defined by the county of service and as required by relevant laws, policies and procedures. The MT will also be responsible for mandate reporting requirements as it pertains to state law.

Under the supervision of a Licensed Supervisory Clinician, Mobile Therapists are expected to:

1. Deliver therapy according to a written treatment plan. Collect data and information about the child's progress in treatment and consult with the Clinical Supervisor to assure accurate and thorough understanding of the child's progress in treatment. Mobile Therapists participate in meetings as necessary to alter the treatment plan as necessary based on ongoing assessment of child's progress and needs. The MT provider cannot lift or carry or restrain a child (hold the child to prevent movement) for any reason.

2. Develop child's strengths and increase the therapeutic effectiveness of the family. Good communication (active listening, asking questions and sharing information) is essential. All ethical responsibilities of a licensed psychologist apply to Mobile Therapists.
3. Encourage the child to participate actively in their treatment. Allow the child to voice his or her opinions, goals and dreams. Encourage family participation in child's treatment. Mobile Therapists facilitate the active participation of family members in Interagency Team Meetings, Treatment Plan development and reviews, Individual Education Plan (IEP) development and monitoring of children receiving special education services in school.
4. Subject to confidentiality limitations, collaborate with other professionals involved in the child's everyday life. Teachers can provide valuable information about the child and can suggest additional school activities that may be beneficial to the child. If changes are necessary in the treatment plan, notify the Behavior Specialist and have a meeting to discuss the changes. Sign appropriate forms to document attendance at meetings. Create a crisis plan that can be followed by all members of the inter-agency team.

### **Primary Responsibilities**

- Provide individual and family therapy in the home environment.
- Provide insight into family dynamics and provide assistance in the development of adaptive skills in order for the client to take a more positive role in the family.
- Provide clinical progress notes & development of therapy treatment plan.
- Work after-school/early evening hours, usually with 1 - 3 hours per week for each client's family and can build a caseload of multiple clients.
- Completing assessment for the child for their intake file.
- We use the Principles of Re Education, the Circle of Courage, Wraparound philosophy and Developmental Assets as a basis when working with the children and families.
- Conduct both family and individual counseling sessions.
- Help the child and family identify, verbalize and express emotions.
- Help the family communicate more effectively.
- Assist the child or family with processing or dealing with past traumas, incidents, or occurrences, etc.
- Formulate and practice various interventions aimed at increasing positive interactions.
- The Mobile Therapist develops and implements an individualized treatment plan; citing areas in which the client needs improvement. Therapist writes Treatment Plans - Model appropriate behaviors - Discuss coping strategies - Implement Treatment Plans & Coordinate clinical information.

### **Experience / Education Requirements**

- Master's degree from an accredited university in a clinical discipline such as Clinical Psychology, Counseling, Clinical Social Work, etc. The degree must include clinical coursework in therapeutic interventions/modalities.

- Master's program must include at least 1 clinical practicum/internship providing individual, family and group therapy.
- Minimum of 1-year direct experience providing clinical supervised treatment to children and adolescents with serious emotional disturbances (Bachelors level experience in the mental health field would also be considered.)
- Additional - 6 months minimum work experience providing clinical therapy in an individual, family or group format strongly preferred.

The Mobile Therapist (MT) provides individual and family therapy to a child and their family. He/she assists in promoting the independence of the family by managing mental health needs and/or behavior problems. The MT develops a crisis plan with other involved professionals and the family. He/she must have excellent interpersonal, communication and organizational skills to assist effectively the patients with their mental health needs.

Our therapist must be a Licensed Mental Health Clinician or Clinical Psychologist or Clinical Social Worker or have a graduate degree in Mental Health. He/ she must have at least one year full-time, paid experience in a mental health services agency, only working with children and adolescents.

**For immediate consideration, please contact Keturah Hood by email at [Khood@glom-arf.org](mailto:Khood@glom-arf.org)**